



# Senior FarmShare

Since 2004, CISA's Senior FarmShare program has provided low-income seniors with ten weeks of farm fresh vegetables purchased directly from local farms.

Eligible seniors sign up in the spring to receive weekly shares of freshly harvested local produce, distributed through senior service agencies throughout Franklin, Hampshire, and Hampden counties. Seniors commit to the program for the duration, and pay a ten dollar costshare towards the total share value of \$125.

In 2020, Senior FarmShare will serve 423 low-income seniors through 14 distribution sites and 11 farms. Since its inception, Senior FarmShare has distributed over 5,300 season-long shares and paid \$673,700 to local farms for their produce.



Holyoke Senior Center



Mason Square Senior Center

At the end of the 2019 season:

- 95% of participants surveyed reported that they were satisfied with the program, including 85% who said they were very satisfied.
- 87% of those surveyed said Senior Farm Share had a positive impact on their diet, including 63% who said it had a substantial impact.

For more information about Senior FarmShare, contact Devon Whitney-Deal at [devon@buylocalfood.org](mailto:devon@buylocalfood.org) or call 413-665-7100

Learn more about CISA at [buylocalfood.org](http://buylocalfood.org)

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