



Senior FarmShare

Since 2004, CISA's Senior FarmShare program has provided low-income seniors with ten weeks of farm fresh vegetables purchased directly from local farms.

Eligible seniors sign up in the spring to receive weekly shares of freshly harvested local produce, distributed through senior service agencies throughout Franklin, Hampshire, and Hampden counties. Seniors commit to the program for the duration, and pay a ten dollar costshare towards the total share value of \$135.

In 2021, Senior FarmShare will serve 500 low-income seniors through 17 distribution sites and 13 farms. Since its inception, Senior FarmShare has distributed over 5,800 season-long shares and paid \$735,700 to local farms for their produce.



Holyoke Senior Center



Mason Square Senior Center

At the end of the 2020 season:

- 82% of participants surveyed reported that they were satisfied with the program.
- 83% of those surveyed said Senior Farm Share had a positive impact on their diet and increased the amount of fresh vegetables they ate.

For more information about Senior FarmShare, contact Zoey Sloate at zoey@buylocalfood.org or call 413-665-7100.

Learn more about CISA at buylocalfood.org

Senior FarmShare is supported by individual contributions, Local Hero farm members, The MA Executive Office for Elder Affairs, and by grants from church communities.

