

Senior Farm Share



CISA's Senior Farm Share program provides low-income seniors with ten weeks of farm fresh fruits and vegetables purchased directly from local farms.

Eligible seniors sign up in the spring to receive weekly shares of freshly harvested local produce, distributed through senior service agencies in Franklin, Hampshire, and Hampden counties. Seniors commit to the program for the duration, and pay a cost share of one dollar per week in exchange for ten weeks of produce, valued at \$145.

In 2026, the Senior Farm Share Program will serve 800 low-income seniors through 21 distribution sites and 16 farms. Since 2004, Senior Farm Share has distributed over 9,300 season-long shares and paid over \$1 million to local farms for their produce.

At the end of the 2025 season:

94% of those surveyed said Senior Farm Share had a positive impact on their diet and increased the amount of fresh vegetables and fruit they ate.

For more information about Senior Farm Share, contact Clarissa Adan at clarissa@buylocalfood.org or call 413-352-9724.

“ I was able to eat fresh, organic produce for ten weeks that I would not be able to eat if it were not for this program. I am very satisfied, and grateful to have been able to participate.”

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“First, thank you for this program. I would not have been able to afford all I got through this program if on my own. This program gave me the relief I needed to be able to enjoy the delicious fruits & vegetables.”

- Senior Farm Share participants



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